



# The Albanac

A MONTHLY PUBLICATION OF ST. ALBAN'S EPISCOPAL CHURCH  
5930 Warriors Trail, Bovina, Mississippi  
[www.stalbansbovina.org](http://www.stalbansbovina.org)

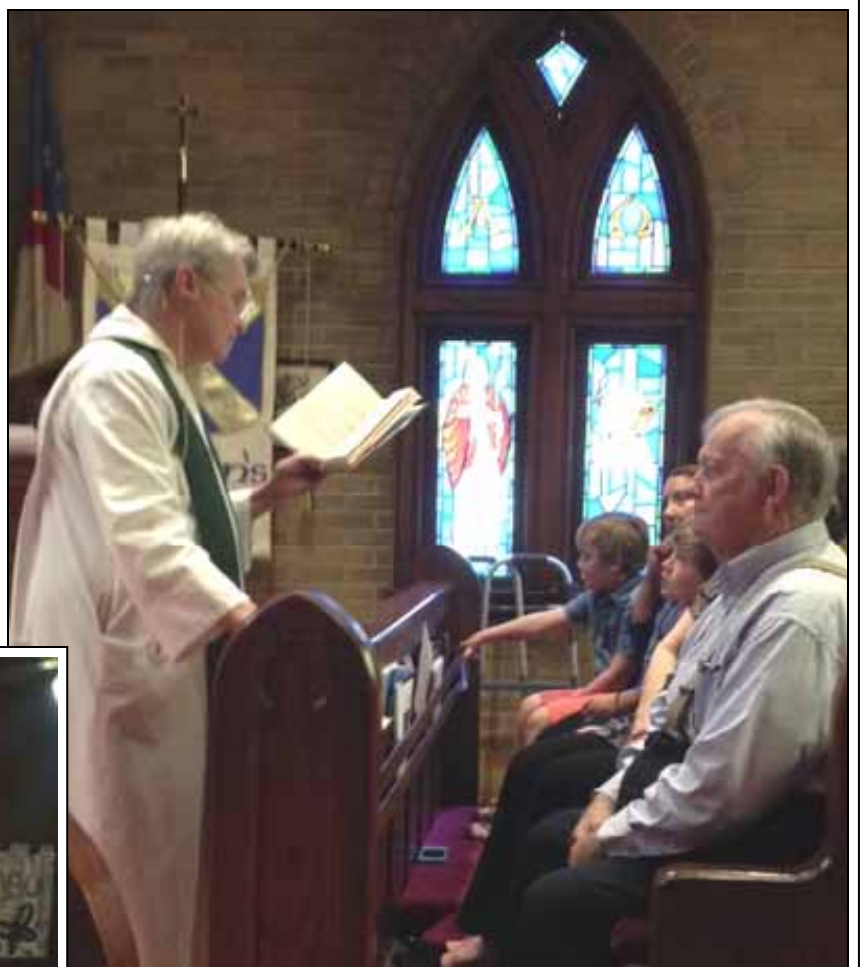
**September 2016**

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**Celebrating the 50th Anniversary of John & Ann Tompkins**  
*"To love and to cherish until death do us part"*

# Celebrating 50 Years









# Sunday School Kick-off







## † Billie's Corner

*I've made peace with the struggle—  
 Who wants a life with all the questions answered, all the dilemmas solved?  
 Who wants to wake up in the morning and find there is no great issue to wrestle with that day?  
 I would go out of my skull, Lord, with a simple life.  
 I'm not made for it—  
 How could I part with all my problems? We have become inseparable over the years.  
 Who needs all that peace and tranquility? Me.*

*God is a Verb* by Marilee Zdenek & Marge Champion

During the past two months since I returned from my sabbatical, committees have been meeting and plans have been made for events and ministries that will take place in our church. It is easy for me to let all the meetings and all the plans that evolve from the meetings take over my thinking. Anxiety moved into my psyche years and years ago and made itself at home when I was in high school.

The time during my sabbatical gave me the opportunity to experience life without angst. And, I decided to evict chronic anxiety for good! Now, I must admit that anxiety is not easily dislodged. It is still putting up a fight to maintain control of my thinking process. But, my mind is made up! I am fed up with anxiety! With God's help, I am chipping away at my long-term unwelcomed homesteader.

*"How could I part with all my problems? We have become inseparable over the years."* The answer to that question can be summed up in one word, **detach**. When I recognized anxiety driven thoughts—I detach. I intentionally stop and let go of them. I may have to detach and detach and detach. But anxiety is NOT going to win this battle! Hidden beneath the anxiety is space to see with fresh vision—to ponder possibilities and to become part of the solution instead of remaining part of the problem.

I hope the expression, *"You can't teach an old dog new tricks"* is not true. I want to prove it wrong – I want to let go of anxiety badly enough to do the work required. The bottom line is simple; *"Let go and let God."* It is simple, not easy, but worth it. *"Who needs all that tranquility? Me."*



In Peace,  
 Billie+

## † Josie's Journal

### *The Easy Button*

Perhaps you have seen the commercial where the red “Easy” button appears and miraculously everything becomes simple. It is not quite that easy when dealing with ourselves and our feelings. The books I am reading and the workshops I am attending have a uniting theme of “Love and Forgiveness.” Loving and forgiving might be simple but it is not always easy.



The only way we can become like Jesus is to love and forgive. We can study about forgiveness but until we find it in our hearts to forgive others as Jesus has forgiven us, we are but a “noisy gong.” The forgiveness must be intentional and deliberate and not self-serving. It must be genuine. Only you and God know if that is the case. I am going to try “Easy” although it is not easy because I have read books, attended workshops and even visited a psychiatrist—only to find out that I had the answer all along. Imagine that!

“As the Lord has forgiven you, so you must forgive. And above all these put on love, which binds everything together in perfect harmony.” Colossians 3:12-14

Christ Peace,  
Josie+

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### *ECW to Meet September 10th*

The ECW will meet on Saturday, September 10 at 10:00 AM in the Parish House. This is an important meeting to discuss project plans—*Dinner on the Grounds, Country Market*, in-reach/outreach, missions and future events. We plan to have a salad-type lunch at the church after the meeting. Please bring a favorite salad (garden/spinach/fruit/whatever) to share. Beverages and dessert will be furnished.



The ECW is an organization for all the women of St. Alban's. Its mission statement reads, “The Episcopal Church Women are diverse, multi-talented Christian women serving Christ in our families, parishes and larger communities. Through prayer, worship, communication, and nurturing, we respond to God's call to serve.”

All are invited. We hope to see you there!

**Sharon Hanks, ECW President**



## September Birthdays

2 Dale Gibson	14 Linda Walker
Richard Stone	19 A. W. (Del) Price
4 Thomas Skinner	23 Clark Huntley
5 Riley Kitchens	Rymn Parsons
7 Josie Williams	24 Jerry McWilliams
8 Richard Price	28 Genevieve Walker
12 Jim Horan	29 Keith Upchurch

## September Anniversaries

4 Bobby & Mickey Barlow	24 Andy & Kristi Hall
16 Jim & Jennifer Harper	25 John Thomas & Amanda Monti
18 Payton & Lanore Fulgham	

## Prayers for the People

### For those Sick or in Need:

Ann Hanks	Dr. Peter Boelens	Mary Ann Seage
Aryana T. Strawn	Elba Park & Family	Mary Ruth Jones
Barbara Ramsay	Glenda & Jerry Normand	Martha Benson
Barbara & Darrell Welch	Hallie Jo Ragsdale	Millie Gassaway
Bertha Kolb	Jackson Monti	Norma Jones
Betty Biedenharn	Jeff Artman	Parker Ramsay
Bill & Liz Curtis	Jim & Sherry Horan	Rachelle Ferris
Brian Buchanan	Jim Dantin	Richard & Margo Massey
Charlie Brantley & Family	Joan Leese	Rt. Rev. A. C. "Chip" Marble
Dale Gibson	Larry Lambiotte	The Anita Collins Family
Dalton Glatt	Gene & Libby Mulloy	The Moeller Family
Damion Hansford	Linda & Jim Dooley	The Selby Family
Dan & Mary Carleton	Lucas Guynes	Tripp Curtis
David Hinston	Marty Crevitt	Walker Biedenharn

Victims of Flooding in Louisiana & Mississippi



## Schedule of Events

### Weekly Activities & Services

#### Church Office Hours

Monday–Wednesday: 9:00 AM–4:00 PM

#### Sunday

Eucharist, 8:30 & 11:00 AM

Choir Practice, 10:00 AM

#### Wednesday

12 Steps to Spiritual Wholeness Meeting, 7:00 AM

Centering Prayer Support Group, 8:30 AM

Healing Service & Eucharist, 6:00 PM

#### Thursday

Cursillo Grouping, Parish House, Noon

Bible & More Discussion Group, Parish House, 6:00–8:00 PM

**Wednesday, September 7**—First Wednesday Quiet Day, 7 AM—7 PM

*Come in, Light a Candle, Say a Prayer, Be Still, Leave in Peace.*

Morning Prayer, 9:00 AM

Centering Prayer, 9:30 AM

*Silence*

Noonday Prayer

*Silence*

Evening Prayer, 4:00 PM

Centering Prayer, 4:30 PM

**Sunday, September 11**—“Let’s get together for Sunday lunch,” Cedar Grove Restaurant following the 11:00 AM Eucharist. Cost of buffet: adults, \$13; children 4-10, \$6.50; children 3 & under, free.

**Tuesday, September 20**—Vestry meeting, Parish House, 6 PM

**Sunday, October 2**—Blessing of the Animals

**Sunday, November 6**—Dinner on the Grounds

# Liturgical Schedule—Sundays in September

	<b>September 4</b> Sixteenth Sunday after Pentecost	<b>September 11</b> Seventeenth Sunday after Pentecost	<b>September 18</b> Eighteenth Sunday after Pentecost	<b>September 25</b> Nineteenth Sunday after Pentecost
<b>First Reading</b>	Jeremiah 18:1-11	Jeremiah 4:11-12, 22-28	Jeremiah 8:18-9:1	Jeremiah 32:1-3a, 6-15
<b>Psalm</b>	Psalm 139:1-5, 12-17	Psalm 14	Psalm 79:1-9	Psalm 91:1-6, 14-16
<b>Second Reading</b>	Philemon 1-21	1 Timothy 1:12-17	1 Timothy 2:1-7	1 Timothy 6:6-19
<b>Gospel</b>	Luke 14:25-33	Luke 15:1-10 Lunch at Cedar Grove	Luke 16:1-13 Children's Eucharist Time & Talent Fair	Luke 16:19-31
<b>Lay Worship Leader</b>				
<b>8:30 a.m.</b>	Harvey Smith	Tommy Skinner	Ann Tompkins	Tommy Skinner
<b>11:00 a.m.</b>	David Pruett	Herb Jones	Betsy Selby	Richard Price
<b>Master of Ceremonies</b>	Deacon Josie	Deacon Josie	Beth Guynes	Jennifer Normand
<b>OT Lector</b>				
<b>8:30 a.m.</b>	Penny Freund	Penny Freund	Penny Freund	Penny Freund
<b>11:00 a.m.</b>	Lance Stewart	Mary Ruth Jones	Jeff Artman	Ed Shelnut
<b>Epistle Lector</b>			Peter Williams	
<b>Crucifer &amp; Acolyte</b>	Ann Tompkins	Ann Tompkins	Beth Guynes Lawson Selby	Koury Collins
<b>Banner Bearer</b>			Brantley Dunaway	
<b>Crucifer (Wooden)</b>			Mary Ellen Dunaway	
<b>Gospel Bearer</b>	Deacon Josie	Deacon Josie	Gabby Rushing	Jennifer Normand
<b>Torch Bearers</b>			Heaven Leigh Sunny Faith	
<b>Prayers of the People</b>	Deacon Josie	Sharon Hanks	Bruce Carleton	Deacon Josie
<b>Oblation Bearers</b>	Sara Margaret Porter Dalton Thames	Janice Herrington Betty Rushing	Sam & Gloria Hall	David Normand Cynthia Strawn
<b>Ushers &amp; Greeters</b>	Lance Stewart Leigh Devine	Allan Leese Charlie Brantley	Josh & Jonah Artman	Rymn & Joan Parsons
<b>Eucharistic Minister</b>	Deacon Josie Susan Price	Deacon Josie Ann Tompkins	Deacon Josie David Pruett	Deacon Josie Ed Shelnut
<b>Altar Guild</b>	Cassandra Price Beth Guynes	Sharon Hanks Betty Rushing	Mary Ann Wright Margo Massey	Ann Tompkins Beth Sojourner
<b>Coffee Host</b>	Ann Tompkins Rev. Billie	Cedar Grove Luncheon	Sara Margaret Dalton Thames	Bitsy Sloan Penny Freund
<b>Nursery Assistant</b>	Ann Tompkins	Bonnie Pruett	Ann Tompkins	Betty Rushing
<b>Children's Chapel</b>	No Children's Chapel	Betsy Selby	Betsy Selby	Betsy Selby
<b>Offertory Counters</b>	Rymn Parsons Ann Tompkins Theo Williams	Rymn Parsons Ann Tompkins Herb Jones	Rymn Parsons Ann Tompkins Sharon Hanks	Rymn Parsons Ann Tompkins Jennifer Normand
<b>Healing Service</b>	<b>September 7</b> Ann Tompkins	<b>September 14</b> Tommy Skinner	<b>September 21</b> Theo Williams	<b>September 28</b> David Pruett